

25<sup>th</sup> Anniversary

# The Path

“Guiding People on the Path to Change”

A Publication by PA Treatment & Healing

[www.pathtochange.org](http://www.pathtochange.org)

April 2011, Volume 3, Issue 9

## FROM THE PRESIDENT'S DESK...



### The Truth Will Set You Free

Many of us seriously limit what we are capable of doing by our own thoughts and the barriers others have put around us? We put parameters around what we think is possible because this is what others tell us we can do. Here is an unbelievable, yet true story about a man who did amazing things because he didn't "know" he wasn't supposed to be able to!

The year was 1983. In Australia, the long-distance foot race from Sydney to Melbourne was about to begin, covering 875 kilometers - more than 500 miles! About 150 world-class athletes had entered, for what was planned as a six-day event. So race officials were startled when a 61-year-old man approached and handed them his entry form. His name was Cliff Young, and his "racing attire" included overalls and galoshes over his work boots. This is a true story and I welcome you to Google Cliff Young if you doubt its validity.

At first, the race official refused to let him enter the race. So he explained that he'd grown up on a 2,000-acre farm, with thousands of sheep. His family could afford neither horses nor tractors so, when the storms came, his job was to round up the sheep. Sometimes, he said, it would take two or three days of running. Finally, they let Cliff enter, and the race began. The other world's best runners quickly left him way behind, shuffling along in his galoshes. But he didn't know the plan included stopping each night to rest, so he kept going. The trained runners believed that in order to run 600 miles they needed to run 18 hours each day and sleep 6. Cliff Young lived in the outback and nobody had ever put those parameters around what he was supposed to do. He didn't know. It wasn't that he was faster; he just didn't know that he was supposed to sleep. So he kept running while the others rested. Cliff Young ended up beating the others to the finish line by a day and a half. He became a national hero and he continued to compete in long-distance races until well in his seventies. He was an inspiration to millions and a great encourager of younger runners. In his honor and memory, in 2004, the year after his death at age 81, the organizers of the race where he first gained fame permanently changed its name to the Cliff Young Australian Six Day Race.

The absence of truth and what he was "suppose to do" set Cliff free and lead to his incredible victory! Cliff Young wasn't bound to the limits that the other runners had been told was the only way to run an ultra-marathon. Are you bound by what others have told you is possible? Keep your eyes fixed steadfastly on your goals, and do not stop, no matter the difficulties or the obstacles, until that goal is achieved and never let others put limits on your capabilities! Let the truth set you free!

All my best,

*Jerilyn*

John 8:32 "Then you will know the truth and the truth will set you free".

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## News from our Corporate Office...



**President, Jerilyn A. Keen** announced that **Williamsport Program Manager, Cleveland Way** is the recipient of the Quarterly Manager Award. Cleveland was commended for his ability to excel in the many facets of managing his center even though he has more programs and staff than any other PATH center to manage! Outstanding Cleveland! **Program Compliance Manager, Erica Frey** was presented with the Management Team Member of the Quarter Award. The OMHSAS inspection was completed with no citations, earning 100% compliance. Erica was recognized for

putting her heart and soul into the program and working hard to make sure that the IA program achieved positive reviews.



-Special Agent  
Craig LeCadre-

**Special Training** - Bullying has become a widely known epidemic, especially over the last year. It includes behaviors that focus on making others feel inadequate, or focus on belittling someone else. Electronic forms of bullying have become a very real problem with teens. This type of bullying uses instant messaging, cell phone text messages, and online social networks to humiliate and embarrass others. This can be especially devastating to the people being bullied, since they cannot even find a safe place in the virtual world. During a training session **Special Agent Craig LeCadre** educated staff on protecting our youth online. This was followed by **President, Jerilyn A. Keen** discussing the types and signs of bullying, the effects that bullying has on people, and using PATH's Normative systems to prevent bullying.



-President Jerilyn A. Keen-

## National Children's Mental Health Awareness Day

With nationwide headlines of teen suicides, depression, bullying, and other issues that affect our youths' mental health, **Governor Tom Corbett** has joined other federal agencies in recognizing May 3, 2011 as **National Children's Mental Health Awareness Day**. He encouraged citizens to educate themselves and others about how mental illness affects children and families as a means of raising awareness, and understanding the seriousness and complexity of these disorders.



*"You may be whatever you resolve to be - determine to be something in the world and you will be something.*

*"I cannot," never accomplished anything. "I will try" has worked wonders."*

- J. Hawes

*"The truly creative individual stands ready to abandon old habits and to acknowledge that life, particularly his own unique life, is rich with possibilities."*

- Frank Baron

## This is “What’s Happening” at our Centers...

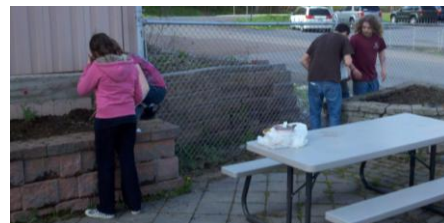
**PATH - Bloomsburg:** The staff of the Bloomsburg Center have been taking advantage of the few days of warmer spring weather we’ve had by spending some time outside.



-AEP students showing off their hula hoop skills-

**Teacher, Katy O’Brien** has taught the Alternative Education Program (AEP) students and staff how to make hula hoops. Hula Hooping has been a way for students to focus their energy in a positive way. The staff have incorporated the activity into therapy groups. Students look forward to having the opportunity to use a hula hoop, and staff have

even decided to join the fun and participate. As a group, Day Treatment (DT) clients celebrated **Earth Day** on April 22<sup>nd</sup>, by planting flowers in the center’s



-DT clients trying out their “green thumb” on Earth Day-

outside planters. The staff of the Bloomsburg Center would like to welcome **Clinical Supervisor, Kristen Rambo** to the PATH family, while saying goodbye to **Clinical Supervisor, Christina Wagoner** and **Intern, Alicia Emery**. Good luck in your future endeavors!



-Easter Egg Hunt-

**PATH - East Stroudsburg:** The East Stroudsburg Center is remaining busy during the spring. Referrals continue to come in for all programs, and the staff continue to pull together as a team to ensure the best for the students and clients. The Alternative Education Program (AEP) students are hard at work on their outdoor gardening project.

Recently they constructed a brick wall from recyclable products where they will be planting soon. The entire student body had a presentation from **Job Corps**, to help prepare them for future career options. In addition, the seniors took a trip to a local military recruiting office to learn more about the possible career opportunities in the military. The Day Treatment clients got to expend some energy while running around during an Easter Egg Hunt. They also took part in a presentation about the true

meaning of Easter. With the help of the **Labor of Love** volunteers, many of the clients were able to act out the resurrection in a short play, where they all dressed in costumes for their parts. Afterwards, the clients processed their parts and the true meaning of forgiveness. Throughout the month, the staff has continued to focus on the entire forgiveness process.



-Clients performing the Resurrection-

**PATH - Honesdale:** The Alternative Education Program (AEP) staff are proud to announce that this year there will be three seniors graduating. **Students Isaiah S., Michael C., and Stephen P.** will be graduating in June with their class. Each student did a great job completing their senior projects successfully. The staff wishes them the best in their future endeavors. The students and staff have welcomed Spring, taking advantage of the nicer weather they have been outside during physical education periods. Students have also been working diligently in their Life Skills group, learning about budgeting and preparing for life after high school. The Day Treatment clients are anticipating the start of their garden project. With the warmer weather creeping in, clients will be turning the soil in preparation for the growing season. This year the center’s clients and staff are hoping for donations of 4X4 garden tiles so they can better define the garden and would also like some additional peat moss in order to build the garden higher. The clients and staff will be utilizing Garden Time as a teambuilding group. The Honesdale Center staff would like to bid a sad goodbye to **Caseworker, Brittany Robbins**. She had her fiancé have moved to Colorado where Brittany will be pursuing her Master’s Degree at CU Denver. The staff would also like to welcome **Caseworker, Carrie Gager** and **Secretary, Valarie Rutledge** to the PATH family. Everyone is looking forward to working with them.

**PATH - Leighton:** D&A Counselor, **Jessica Hansen** is working on relapse education with Day Treatment clients by using educational material such as, the **A&E** TV series **Relapse** (Which is the new docu-reality series on A&E that follows sober coaches as they work to save the lives of addicts who have relapsed on drugs and alcohol. “Sober coaching” is a last resort for addicts who have tried other methods to get sober and have failed.) For Mother’s Day, clients are baking cupcakes and decorating them with jelly beans to look like flowers, to give to their moms on their special day. The Alternative Education Program had fireman come in for Career Day to talk about their experiences and to explain commitments they



-Career Day -



-Clients at Autism Walk -

made to serve. They brought in photos and all of their gear, and **Client, Velocity** got to try on all of the equipment. Other Career Day visitors consisted of a Marine and a Certified LPN. The Leighton Center participated in the **Lehigh Valley Autism Walk** on April 1th. **Program Manager, Kevin Lock; Clinical Supervisor, Marisa Riolo;** along with several clients participated in the walk that was followed by lunch at **Burger King**. The Leighton Center, along with help from the youth and families raised \$155.70 for this great cause. The staff would like to send a big THANK YOU to everyone that donated!

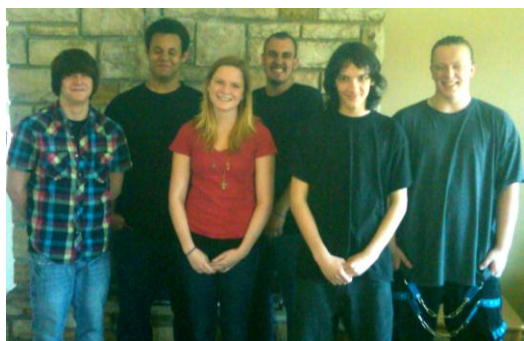
**PATH - Middleburg:** April showers have come, and hopefully are leaving soon so the May sun can shine. The Halfway House, too, is shining. **Program Manager, Michael Burns** is excited to announce another positive discharge. Michael is also excited about the consistent staff, and about having a resident on course for graduation from **Midd-West High School** and **SUN Tech**, while studying mechanics and obtaining his driver’s license permit. Two of the residents at the Halfway House have been working hard on getting their GEDs. In March, one of the residents, Josh, took his Test of Adult Basic Education (TABE). (The TABE is a pretest or assessment tool used to determine someone’s academic ability and knowledge. Once the TABE is complete, the instructor develops an individual plan to prepare that person to study, take, and pass his/her GED.) Josh scored so well that minimal time was needed in the classroom. Michael will keep us updated on Josh’s and other resident’s academic performance and completion. The center also has two interns who will be graduating in May; **Kyle Galer** from **Messiah College**, and **Lauren Snyder** from **Susquehanna University**. Congratulations to both Kyle and Lauren, and good luck on your future endeavors! Both interns had positive words to share about their experiences:

*“My internship at PA Treatment & Healing Halfway House was an excellent experience. As a forty hour a week intern, I learned a lot about the Halfway House. Working with Mr. Michael Burns, I learned about agency documentation, DPW and BDAP regulations, leading groups, and one-on-ones. I attended several drug courts as well as intakes, which gave me many valuable first had experiences. Although all of these experiences have been valuable to me, the most important experiences are the relationships that I built with the young men residing at the PATH Halfway House. I learned about their past hurts which lead them to poor decisions. I saw how this hurt had formed a wall around them which was torn down during treatment through trust. The Halfway House in Middleburg truly is a place of healing. Ultimately, through my internship I was fortunate enough see how these boys grew into young men, which was the greatest blessing I could have ever received. I am thankful to all who made this internship possible and such an educational experience.”*



-Intern, Kyle with the Halfway House residents-

to  
 ~~Intern from **Messiah College, Kyle Galer**~~.



-Intern, Lauren with the Halfway House residents-

*“My PATH experience has been an extremely positive and educational one. Although I have only spent a total of 110 hours, I feel as though I have gained a much clearer understanding of what human service careers, such as this one, are all about. The people who work at PATH are extremely dedicated and truly love what they do. Some teach from experience, while others have just gained a passion for helping youth in trouble. The most important thing I have learned at PATH is that despite the fact that you cannot help everyone -- the lives that you are able to change are well worth the effort. This opportunity has better prepared me for life after graduation, and I am truly grateful to have worked with such deserving clients and dedicated staff!”*

~~Intern from **Susquehanna University, Lauren Snyder**~~

**PATH - Milton:** The students in the Alternative Education Program (AEP) have begun the preliminary work on the annual rocket launch by starting to learn physics from **Teachers, Kurt Eck and Jeff Kiss**. The students will learn all the concepts and theories behind what it takes to make each of their rockets defy gravity, and soar into the



-AEP students participating in Zumba-

air. **Foster Care Coordinator, Stephanie Rice** arranged an exciting gym class for all the students in the AEP. Stephanie had **Cheri Nicholas**, from the **Revival Tabernacle Church**, come to the center to lead a Zumba class. All the students participated and were able to let



-AEP students participating in Zumba-

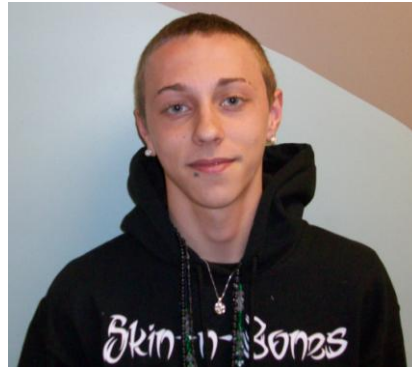
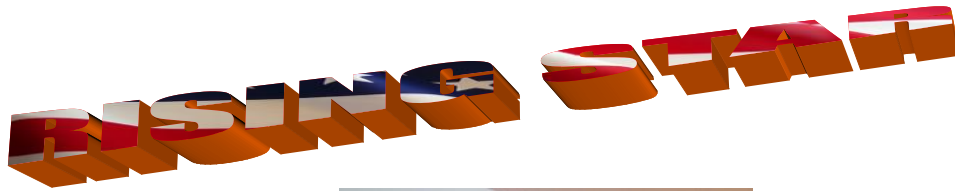
loose and truly enjoy themselves while getting some great exercise. The kids and staff are enjoying the warmer weather brought on by spring. They have finally been able to get outside and burn off some energy by participating in activities such as football and throwing Frisbee. A special thank you goes out to all of the staff for their efforts in making the OHMSAS inspection a good one. Great work everyone!

**PATH - Scranton:** The Alternative Education Program (AEP) students and staff would like to congratulate **Student, Ryan H.** on achieving Stars Level. Ryan has done an outstanding job at being a peer leader and adhering to the norms of the program and supporting staff. He has started his pledge log and hopes to complete it before the end of the school year. The students and staff would also like to congratulate **Students Jordan T.** and **Paul T.** for making it to Stripes Level. Great job! The AEP Lyric Wall has been completed! The students were given the opportunity to choose lyrics from a song that they found particularly inspiring, and use them artistically to complete the Lyric Wall. The staff would like to thank all of the students who contributed in making the project a success. The Intensive Adolescent (IA) Program clients and staff would like to congratulate **Client, Santos O.** who passed the Norms test and is looking forward to advancing himself through the level system. He said that he wants to be the quickest client to make it to Stars Level. In May the IA clients and staff are planning to visit the Honesdale Center for a BBQ, volleyball, and basketball. They are also



-AEP Lyric Wall-

planning a bowling trip to **South Side Bowl**. The Scranton Center staff would like to congratulate **Secretary, LuAnn Becker** on her three year anniversary at the center. LuAnn continues to be an asset to the center and never passes up the opportunity to help others. The staff look forward to having her at the center for a long time!



**Student, Ryan H.** is this Month’s Rising Star recipient. **Ryan** is a student in the Scranton Alternative Education Program (AEP). He reports that two of his very favorite things at PATH are the staff and his peers. **Ryan** enjoys football, listening to music, and hanging out with his friends. He plans to go to college in the future. **Ryan** stated that during his time at PATH he, “...learned that teachers are not all bad as long as you give them respect.” **Ryan** is at Positive Level and has been consistent in confronting negative peers and supporting staff. He has very good behavior, he’s an honor roll student, and has not been absent. **Ryan** asks to help out other students, and does everything he is asked to do. Congratulations **Ryan** on being an excellent student!

**PATH - South Montrose:** South Montrose’s Intensive Adolescent (IA) Program continues to focus on addressing core issues through groups and activities that strengthen coping skills and the ability to problems solve and communicate effectively. The IA Program clients and staff are also looking forward to moving **Client, Jerry V.** up to Star Level during the first week of May. He has worked hard to demonstrate leadership among his peers at PATH. **Caseworker, Courtney Lange** celebrated a birthday on April 7<sup>th</sup>, the IA clients surprised her with a cake to let her know how much they appreciate her and her efforts. During the month of April the Alternative Education Program (AEP) students were visited by a group of Civil War reenactors. They offered over an hour of discussion and hands on activities. The students and staff were highly educated and



-Student in Civil War attire-



-Student displaying the “Betsy Ross Flag”-

entertained. The AEP staff is also proud to announce that the program is up to 11 Honor Club members. South Montrose’s programs continue to focus on service through recycling and various spring cleaning projects at the center. The AEP girls have discussed a community service outing to clean up local cemeteries that have been neglected over the years.

**PATH - State College:** The State College Center would like to recognize **Student, Jordan V.** as a leader in the Alternative Education Program (AEP). Jordan is an Honor Club member who has really taken an increasing leadership role in the AEP. Way to go Jordan, keep up the great work! The AEP students have been using a variety of techniques to assist in their



learning skills. During the month of April the students participated in a cooking experience while using language art skills to complete a “How To” essay. This proved to be a fun and tasty way to learn better writing skills, since they had the pleasure of trying some Italian cookies and homemade ice cream. The AEP



-Seniors and Dean of Students, Sara Byron making Italian cookies-

-Juniors making ice cream-

also finished their unit on bullying, where they spent a considerable amount of time focusing on the many ways that bullying impacts each of us. The students are also excited about their upcoming tour of **Central Pennsylvania Institute of Science and**

**Technology (CPI)**, which was built to meet the career and technical needs of high school students. The students will be touring the facilities to help determine ways to enhance their education through participation in the program. The clients in the Intensive Adolescent (IA) Program are working on trust building activities. They have spent time learning about confidentiality, and are now in the process of learning about trust. The State College staff would like to welcome **Caseworker, Kaitlyn Ludgate** to the family. The staff are excited about the new ideas and energy she brings to the program. The staff would also like to welcome **Program Manager, Kristi Gregg** as they are getting ready to say goodbye to **Sue Patterson**. Kristi comes with great experience and the State College team eagerly welcomes her to the family.

**PATH - Williamsport:** The Williamsport Center received a grant from **Wal-Mart** to be used to start a Graffiti Removal Project. The project is being headed by the PATH Williamsport Center, The **Chief of Probation**, and the **Assistant District Attorney**. The Graffiti Removal Project will focus on removing graffiti in Williamsport and the surrounding areas. Those responsible for the graffiti will help with the removal. Each week the school has a different spirit week for the students of the Alternative Education Program (AEP). This gives the students the



-Be Challenged participants standing in their original camp site-

opportunity to earn points, along with good behavior, for their upcoming **Hershey Park** trip. The Day Treatment staff have been working on a talents show with the clients. Clients are also building life skills by learning how to cook. The Be Challenged Weekend Program participants had quite an interesting trip this April. One weekend between Saturday morning and Sunday morning they received over two inches in rain. The clients had to move their campsite because it ended up nearly one foot under water. The clients handled the situation very well and all of them successfully passed the weekend!



-Client learning life skills-

*“Life is like a rainbow. You need both the sun and the rain to make its colors appear.”*

~Author Unknown~



## Welcome To Our Family...



**Carrie Gager** -- Caseworker -- Honesdale  
**Cindi Sharma** -- Teacher -- East Stroudsburg  
**Faydra Emmil** -- Community Monitor -- Williamsport  
**Gregg Germano** -- Teacher -- Scranton  
**John Reyes** -- Teacher -- Milton  
**Kaitlyn Ludgate** -- Caseworker -- State College  
**Kristen Rambo** -- Clinical Supervisor -- Bloomsburg  
**Valerie Rutledge** -- Secretary -- Honesdale

## Anniversaries

PATH would like to thank the following for their commitment to PATH and celebrate the year(s) they have shared with us.

**Jonathan Sharpe**, Program Manager, Milton, (10 Years) -- April 3<sup>rd</sup>, 2001  
**James Strahan**, Community Monitor, Milton (6 Years) -- April 26<sup>th</sup>, 2005  
**Cynquetta Rabb**, Head Community Monitor, East Stroudsburg (4 Years) -- April 4<sup>th</sup>, 2007  
**Rosemarie Standiford**, Teacher, East Stroudsburg (3 Years) -- April 7<sup>th</sup>, 2008

## Upcoming Training Events

**May 4<sup>th</sup>, 2011** – Individual Counseling and Documentation – J. Keen & E. Frey (Corporate) **PCB**  
**May 11<sup>th</sup>, 2011** – Clinical Supervisors/D&A Meeting– E. Frey & M. Barrows (Corporate)  
**May 18<sup>th</sup>, 2011** – Manager’s Meeting – J. Keen (Corporate)  
**June 15<sup>th</sup>, 2011** – Manager’s Meeting – J. Keen (Corporate)  
**June 22<sup>nd</sup>, 2011** – Art Therapy – Deborah Nelson (Corporate) **PCB**  
**June 29<sup>th</sup>, 2011** – Relationship-Based CBT Training – J. Keen (Corporate)

\*\*Some of the PATH trainings are available to the public & other professionals. If interested in attending one of these trainings, please contact Heather at 570-649-6855 to find out more.\*

## Join The PATH Family

PA Treatment & Healing is looking for committed professionals to join our family to make a difference in the lives of the youth we serve. Please check for up to date job postings at [www.pathtochange.org](http://www.pathtochange.org). Please contact Heather Bickhart at 570-649-6855 for more details.

### Current Openings

Teacher’s Aide -- **East Stroudsburg Center**  
 Teacher -- **Lehighton Center**  
 Support Staff -- **Middleburg Halfway House**  
 Drug & Alcohol Counselor -- **State College Center**  
 Program Manager -- **Scranton Center**

# Happy Birthday!

**Cindi Sharma**, East Stroudsburg, May 1<sup>st</sup>

**Scott Pomicter**, Lehigh, May 2<sup>nd</sup>

**Tiffany Hessek**, Milton, May 6<sup>th</sup>

**Diana Feyen**, East Stroudsburg, May 11<sup>th</sup>

**Heidi Wetzel**, Turbotville, May 11<sup>th</sup>

**Katy O'Brien**, Bloomsburg, May 11<sup>th</sup>

**Callie Gaylord**, Williamsport, May 14<sup>th</sup>

**Scott Constantini**, Scranton, May 17<sup>th</sup>

**Stephanie Rice**, Milton, May 17<sup>th</sup>

**Sue Patterson**, State College, May 17<sup>th</sup>

**Tammy LaStarza**, Honesdale, May 19<sup>th</sup>

**Scott Harrison**, East Stroudsburg, May 27<sup>th</sup>

**Kevin Loch**, Lehigh, May 29<sup>th</sup>

**Linda O'Hagan**, Honesdale, May 31<sup>st</sup>

*"Our attitudes control our lives. Attitudes are a secret power working twenty-four hours a day, for good or bad. It is of paramount importance that we know how to harness and control this great force."*

**Irving Berlin**, Songwriter of "God Bless America" and "White Christmas", May 11<sup>th</sup>



## EASTER IS HOPPING OUR WAY...

When you think of Easter, you probably think of the Easter Bunny, colored eggs and lots of candy... but to Christians around the world it is much, much more. Easter is the most important Christian holiday of the year.



Easter Day is the day Christians remember Jesus rising from the dead. After his brutal crucifixion, a large stone was rolled over his tomb. But shortly after his death when followers went back to honor Jesus, the stone had mysteriously been moved and only the cloth that wrapped Jesus' body was laying there. As the story goes, Jesus' body was no longer in the tomb and he had in fact risen from his death in order to save us all. An angel nearby this tomb told his followers of the miracle that had taken place.

The resurrection, as described in the Bible, means that at the very moment Jesus rose from the dead, was the very moment we would be given everlasting life. Christians would now receive new life after death. The Easter holiday celebrates this belief. Easter is therefore the last day celebrated during a 40 day Easter season.

So where does the Easter bunny come in??? According to a German tradition, children would build brightly colored nests, often out of caps and bonnets, in secluded areas of their homes. The "O\_ster Haws\_e" would, if the children had been good, lay brightly colored eggs in the nest. As the tradition spread, the nest has become the manufactured, modern Easter basket, and the placing of the nest in a secluded area has become the tradition of hiding baskets. Each year, 90 million chocolate Easter bunnies are made for Easter.



# Employee of the Month



**Dean of Students, Sara Byron** may have entered the Alternative Education Program partway into the year, but she stepped right into her duties, eagerly looking to grow and become a leader. Taking a true leadership role and quickly learning her duties. She is willing to help whenever needed, often assisting in the Intensive Adolescent Program without being asked. Sara is a true asset to the State College Center and the AEP. Her impact on the program was immediate and great! Thank you for all that you do to make a difference!

The following staff was also nominated for Employee of the Month for March:

- **Callie Gaylord**, Teacher, Williamsport
- **Marta Adelizzi**, Caseworker, Bloomsburg
- **Noelle Fabbri**, Teacher, Scranton



## JOIN THE PATH TO CHANGE ON FACEBOOK

Log in to your face book account and type this address in the address bar and keep up to date with all the happenings and event going on in the agency!!!

<http://www.facebook.com/pages/PA-Treatment-Healing-PATH/98184489024?ref=ts>



## Donations



*PATH would like to take time to thank all the generous individuals and businesses that have given to our centers and to the children we serve. These are the people that make up the foundation that makes our agency strong and allow us to continue to serve the children and the communities in which they live. Thank you from the PATH family and the children we serve. PA Treatment & Healing is a 501 (c) 3 non profit entity and all donations are tax deductible. A donation letter will be generated for you, after the donation has been made, for your tax preparer.*

### April 2011 Donations

#### **Moshannon Valley School District**

8 monitors, 6 PC systems, 3 printers, and a fax machine

#### **Plankenhorn Stationary**

Office Supplies

#### **Wal-Mart**

In Store Gift Card



# Donations Wish List



PATH appreciates the support from the generous individuals and agencies that donate to our schools and programs. As we continue to offer the best possible treatment for the youth in our program, we require certain items and equipment that help the treatment continue and improves the experience for the youth. The following is a wish list for items that our centers could use to enhance and improve the experience for the youth in their centers.

**Computers & Computer Equipment**

(All Centers)

**Updated Books and Curriculum**

(All AEP Classrooms)

**Camping Equipment** (Be Challenged Program)

**Event Tickets For Field Trips** (All

Programs)

**Gift Cards** (All Centers)

**Men's Clothes** (Halfway House)

**Monetary Donations** (All Centers)

**Food Storage Items and Pots and Pans** (All

Centers)

Contact Jamie Peterson at 570-649-6855 or [jamie@pathtochange.org](mailto:jamie@pathtochange.org) for details on where to make your donation

## Spread The Word!



Know someone or an agency that would enjoy reading The PATH and the activities and stories about the children and staff at PA Treatment & Healing? Request a copy of the newsletter by emailing Heather Bickhart at [heatherb@pathtochange.org](mailto:heatherb@pathtochange.org). Please submit the name and address of the individual in an email so that we may contact them to verify delivery. We are one band with one sound and the more band members we have, the louder our tune will carry! Join the band today!!!



*5972 Susquehanna Trail  
Turbotville, PA 17772  
Return Service Requested*

**Mental Health Director - Dr. Fred Maue**  
**Medical Director - Dr. Vikas Passi**

**Psychological Consultants:**

*Emery Behavioral Health Services, Inc.  
The Aaron Center  
Roger Smothers & Twin Tier Psych Services  
Dr. Sara Cornell  
Lycoming Therapeutic Wrap around Services, Inc.  
Pocono Center for Psychological Services*

*Dr. Hugh Smith & Associates  
Karen Livingood  
Dr. Elizabeth Ciaravino  
Dr. Jennifer Hartey  
Dr. Kenneth Kindya  
Dr. Jennifer Hixson*

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Also check us out on Facebook!! Just search:

**PA TREATMENT & HEALING**

