



25th Anniversary *The Path*

“Guiding People on the Path to Change”

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FROM THE PRESIDENT’S DESK...



The Size of the Problem is not as Important as the Size of the Person!

How big are you? I don’t mean your height or weight. I want to challenge you to be HUGE ON THE INSIDE. A truly big person may have a small stature and have a giant of a person living inside. A person like that has the right perspective on his problems. He doesn’t focus on how big his problems are, he focuses on how big his God is. Focusing on how big or how many problems we have may tempt us to give up, turn and run, or stay in bed. A big person realizes that it isn’t the size of our problems, it’s the perspective we take in dealing with

them that counts. This type of individual constantly reminds himself that no matter how bleak or gigantic the dilemma ahead may seem, the Creator of the Universe, who flung each star into space, is in control and all things are possible through Him.

In 2 Corinthians 4:17 Paul writes “For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all”. To become a HUGE person we must not magnify our problems, instead magnify how great our God is and press on. When you feel like giving up focus on all the great things God has done and all the controversy He has brought you through so far. We need to think of our problems as being light, temporary, and necessary to take us to the next level on our journey of life. A wise person once told me that Big Problems in my life meant that I had a Big Future. It may be that God is testing and preparing us for a high calling in life through trials and tribulations. I believe this is what God did with David when he faced and conquered Goliath.

Our problems may seem as big as Goliath. David didn’t focus on the size of his problem. He focused on the promises that God made to him that his adversities would be light, temporary, and preparation for bigger and better things to come. David could have had a defeated perspective and headed out of town, but instead he believed there was no obstacle he could not overcome with God on his side. When it looked like David’s biggest defeat was going to happen he was just hours away from his biggest victory! As Paul Harvey would say and the rest of the story is that David, the little Shepherd boy, eventually became King.

Keep a positive perspective and be HUGE for HIM!

All My Best,

Jerilyn

Jerilyn A. Keen

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News from our Corporate Office...

The Williamsport Center proudly received a \$20,000 grant award from the **Williamsport Lycoming Community Foundation of the First Community Foundation Partnership of Pennsylvania**. **President/CEO Jerilyn A. Keen** and **Williamsport Program Manager, Cleveland Way** attended the Spring Grant Reception on July 14, 2011 to accept the award. A total of Twenty-six (26) nonprofit organizations that support social services, arts, and students received grants totaling over \$319,000. The Williamsport Center plans to use the funding to purchase computers, equipment, software, projectors, and internet. Funds will also help support a graffiti removal project and make possible a summer enrichment program for youth needing rehabilitative skills and assistance practicing good decision making skills that may ordinarily be lost during the summer due to lack of support and reinforcement. These services will positively impact hundreds of youth, capture their attention, keep them engaged in the education and counseling processes and prepare them to become successful citizens in the future. A special thanks is given to Cleveland Way for taking the initiative to write the proposal for this award.



-Program Manger, Cleveland Way and President/CEO Jerilyn A. Keen at the Spring Grant Reception-



-Corporate Business Manager, Jamie Peterson-

The Administrative Management Award was presented to **Corporate Business Manager, Jamie Peterson**. He is a great asset to the agency and brings a thrifty mentality. Jamie has obtained thousands of dollars in donated computer software, a much needed server for the Corporate Office, service agreements with Bastian Tire & Auto Centers to save money on repairs and van maintenance, and other items for fractions of the cost. His efforts are positive and he is making an excellent impact.



-Williamsport Program Manger, Cleveland Way-

Congratulations to **Williamsport Program Manager, Cleveland Way** on being awarded the Quarterly Manager Award. Despite running all programs at Williamsport and

managing over 20 staff, Cleveland always meets his deadlines and keeps an upbeat attitude. Cleveland also took the initiative to write the grant proposal which resulted in the above mentioned grant being awarded.

On July 25, 2011 **Dr. Jennifer Hixson, PsyD**, PATH's Psychological Consultant, held another training that focused on Moving the Agency in a Trauma Informed Direction. Dr. Hixson provided training on learning effective counseling and intervention strategies to help adolescents cope with and overcome their issues related to trauma and loss. She used presentations by experts in the field from the current 2011 Relational Trauma Conference to augment her presentation. Dr. Hixson trained the attendees on what it means to be Trauma Informed and how to stay focused on brain development and relational disruption during the course of treatment. She also covered remediating emotional regulation and information processing deficits, as well as taking a deeper look at developmental trauma domains (areas affected by trauma). Other trainings held throughout the month included **D&A Facility Director, Michele Barrows** and **Program Compliance Manager, Erica Frey** hosting a D&A and Clinical Staff Meeting for the D&A Counselors and Clinical Supervisors.

The Corporate staff would like to congratulate **Office Assistant, Bonnie Stoltz** on her promotion to **Accounting Assistant**. Bonnie has worked as Office Assistant during her three years with the agency. Her knowledge and expertise will be missed, but thankfully since she is still in the Corporate Office we will not have to say goodbye! Congratulations Bonnie!

PATH would also like to send a special thanks to **Fire Chief Mark Burrows** of the **Warrior Run Area Fire Department** for providing Managers with their annual fire safety training during the July Manager's Meeting. Chief Burrows offered tips to accompany the fire safety video, explained the different categories of fires, the type of fire extinguisher that is used for each fire, and the proper way to use a fire extinguisher. Once again, thank you Mark!

PATH FOSTER PARENT SPOTLIGHT

PATH's foster parents take on a commitment that few in our society would even dream of. When we say 24/7, we actually mean 24 hours a day, 7 days a week! From early morning, to the chaos of bedtime, and often throughout the night, foster parents are ready. Foster parenting is not a challenge to be taken lightly, it is for generous souls who are hearty of heart, flexible, and thick skinned. PATH foster parents may not be super heroes, but they are every day heroes.

We would like to take this opportunity to highlight one of our foster families, **Frank and Sue Swartwout**. Not only do Frank and Sue help our youth by being foster parents, they also work with juveniles for their career. We are proud to say that during the school year Frank works for our agency as a Community Monitor. They are willing to foster two children, but currently only have one under their care. Having been foster parents for over 12 years they treat their foster children as if they were part of the family; including them on family vacations, outings, and other family activities. Frank and Sue are so dedicated they have yet to use the respite care (something foster parents can use if they are unavailable to supervise the youth). On top of welcoming foster youth into their home they have three children of their own, two biological who are now adults, and one child that they adopted through the foster system. Being very "hands on" parents, they handle the more complicated youth with patience, kindness, and understanding. The Swartwouts are willing to bend over backwards to help a youth in need. Some kind words used to describe Frank and Sue by employees involved with foster care:

- "They provide an encouraging and supportive environment."
- "They are loving and understanding."
- "They are caring and compassionate people."
- "They came to PATH in an 'effort to continue to help troubled youth'."
- "They are actively involved in their community."



Words could never express our gratitude towards Frank and Sue! Thank you!

If you or someone you know is interested in becoming a foster parent, please contact the Center nearest you. We would like to inform you that there is also a bonus of up to \$200 for each family referred. (\$100 will be received once the family is approved, and the other \$100 after providing service for 30 days.)

"Words of Hope"

The gratitude received after the treatment process is completed is sometimes the strongest motivation for our staff to continue serving. PATH would like to share a recent message that we received from a youth positively discharged regarding his experience with us.

"Each and every one of you played a certain part in helping me. People said I could never make it, but you believed in me and guided me through." ~~Jeremy~~



This is "What's Happening" at our Centers...

PATH - Bloomsburg: The staff would like to congratulate Day Treatment (DT) **Client, Jace W.** on his positive discharge. Great job Jace, good luck with all of your future endeavors. The DT youth attended the **Streater Field** (the Bloomsburg Town Park) dedication where they got to meet **Bloomsburg's Mayor, Claude Renninger**. The Alternative Education Program (AEP) students built the benches that are now in the park. The DT youth also attended a field trip to the court house where **Dairy Queen** was handing out free ice cream and they got to meet the Dairy Miss and Dairy Maid. **Dean of Students, Joe Murphy** ran a music therapy group which inspired three clients to learn to play the guitar, and they have been practicing



-Mayor, Claude Renninger with clients-

diligently with the help of the staff. Everyone has been hard at work freshening up the center. The DT youth worked on prepping the walls, while **Russo Construction** volunteered their time to give the walls a fresh coat of paint. The group would like to thank Russo Construction for helping to make the center a little brighter. Everyone at the Center is looking forward to some upcoming events; a guest speaker from **Tapestry of Health** is coming to the center, the DT youth will be attending **Fun Fest**, and everyone is looking forward to welcoming back the AEP students and staff.



-Clients with Dairy Miss and Dairy Maid-

PATH - East Stroudsburg: July remained busy for our kids in Day Treatment (DT). They visited the **Labor of Love** facility, where they have been able to show their musical talents through the use of the equipment. The group is also taking part in many therapeutic recreational activities with the staff. They have been helping to build trust, self esteem, and overall group interactive skills. Several of the youth are participating in a summer basketball league, this is helping to promote their athletic abilities and positive peer interaction. **Teacher, Rose Standiford** has been leading the youth in weekly Art Therapy groups. Their final projects are going to be hung on the front wall for all to see.



-Client and staff using great teamwork-

PATH - Honesdale: Day Treatment (DT) group from the Honesdale and Scranton Centers are joining forces and spending quality time together enjoying the outdoors this summer. Earlier in the month both centers gathered at the **Promise Land State Park** for a day of fun and activities. Everyone shared stories about themselves and were able to enjoy the cool waters of the lake. **Program Managers Lee Viola and Andrea Brancati** are planning additional outings for August. The youth continue to tend their garden, and the crops are promising vegetables to harvest within the next couple of weeks. Everyone has been invited to participate in the annual **Hawley/Hamlin Senior Citizen Picnic** held at **Lake Genero**. Every year the group participates in this worthwhile event by helping serve food, cleaning up, and mingling with the seniors. The youth performing community service started the clean-up of the **Pennsylvania State Police Barracks** located next to the center. They've started by pulling weeds and raking mulch, this program will continue throughout the year. The staff of the Honesdale Center want to congratulate **Clinical Supervisor, Eric Perry** on his recent engagement.



-Client and staff at Promise Land State Park-

PATH - Lehighton: The Lehighton Center staff would like to congratulate **Client, Andrew M.** on a successful discharge. During his time Andrew made many positive strides in the Intensive Adolescent (IA) Program. Andrew is currently planning to go to college in the fall. Everyone would like to wish him the best of luck! After School Evening (ASE) **Client, Jon W.** has earned Stripes Level, and is working hard towards obtaining Stars Level. The staff are very proud of Jon for rising above the challenges that he faces in his life. The entire center participated in a community outing to **Mauch Chunk Lake**. During the day youth went swimming, fishing, and sun bathing; later everyone enjoyed hot dogs, hamburgers, and a variety of other picnic foods prepared by the staff. The group would like to thank **Parks Director, David Horvath** for the generous donation of free admission passes. Day Treatment (DT) youth enjoyed tie-dying t-shirts that they brought from home. They were excited to learn about this technique while socializing with each other. The group also took part in a **Minute to Win it** challenge experience based on the hit TV show. The challenges use common household items and the participants only have 60 seconds to complete them. Some of the challenges the youth tried were cup stacking, balancing cupcakes on their forehead, threading needles, catching ping pong balls in a basket on their head, and more. Everyone thoroughly



-Clients Jared and Hannah at Mauch Chunk Lake-

enjoyed themselves. The Lehighton Center also held a Dance Off that everyone participated in. The youth were able to work on their self-esteem and self-confidence while exercising as well. The judges consisted of **Program Manager, Kevin Loch; D&A Counselor, Jessica Hansen;** and **Intern, Nicole Polk.** And the winner is...**Caseworker, Dana Ottalagano.** Everyone thoroughly enjoyed the performance by The Great Duo **Dean of Students, Lance Evina** and **Client, Andrew M.** with their routine of the "Square Dance Shuffle." Everyone at the office would like to thank and wish **Intern, Nicole Polk** good luck, she has served her internship for Sociology and will be returning to **Indiana University of Pennsylvania** to complete school.



-Clients wearing hats purchased by D&A Counselor, Jessica Hansen-

PATH - Middleburg: Once again it has been a busy month for the Halfway House. The residents have been being taught by **Teacher, John Reyes** and studying the Civil War. They planned and enjoyed a recent field trip to the **Civil War Museum** in Harrisburg. John states that the youth "have remained well invested throughout the summer, and seem to be enjoying the experience." Additionally, **Residential Treatment Supervisor, Anthony Irvine** has taken on the day to day programmatic responsibilities of the Halfway House, while former **Program Manager, Michael Burns** has made his transition to **D&A Counselor.** The staff are very excited for the possibilities that this opens up for the residents. Everyone is also busy preparing for the visit from the PATH State College Center. They are looking forward to participating in some recreational and therapeutic activities that are being planned.



-Clients at the Civil War Museum-

PATH - Milton: Summer is rolling along at the Milton Center, and there have been some very interesting things taking place. The group participated in a "PATH Field Day." **Caseworker, Dave Harris** and **Teacher, Kurt Eck** organized all the events as well as provided all the necessary supplies. Everyone had a great time competing in a variety of activities including a balloon and egg toss, dizzy bat, and a water brigade. The activities culminated with a treasure hunt where participants used canoes instead of their legs. A big nod of appreciation goes to Dave and Kurt for taking the time to plan and implement a day in which our kids could just be kids! The Day Treatment (DT) youth have really been enjoying their health groups conducted by the

fine people from the **Penn State Extension**. Everyone has learned about the importance of living a healthy lifestyle. What's even better is they have learned to make tasty treats like fruit smoothies, pizza, and homemade granola. Way to develop healthy habit!

PATH - Scranton: Some Alternative Education Program (AEP) students were spotted at their summer jobs throughout the community. The staff were very pleased to be able to see the students, and are proud that they are being productive during the summer months and maintaining employment. The Day Treatment (DT) group from the Honesdale Center joined the Scranton crew on an outing to the **Promised Land State Park**. Everyone enjoyed the sunny day while swimming, playing games, and eating the appetizing food from their cookout. **Dean of Students, Bob Mattioli** is very busy sprucing up the AEP classrooms preparing for the upcoming school year. It's amazing what a little cleaning and a fresh coat of paint can do for the classrooms.



-Clients at the Promised Land State Park-

PATH - South Montrose: The D&A staff have begun to organize an Alcoholics Anonymous group meeting. The D&A staff have been saturating the community, and beyond, with flyers promoting the offered programs. **Regional Director, Scott Constantini** and **D&A Counselor, Maryalice Coyle** met with **Lackawanna/Susquehanna Office of D&A Programs, Jackie Halesky** about their new Outpatient Verification forms and Liability forms. South Montrose staff continue to provide treatment groups that meet the needs of their youth. They began a Grief and Loss Group to help educate participants about what is considered a loss event, as well as the stages of grief, and skills needed to cope with loss. Day Treatment (DT) youth continue to give back to their community through recycling activities and center based cleaning. The staff held a surprise bridal shower for **Caseworker, Courtney Lange**. Everyone is excited for her upcoming wedding, and wish the best for her and her fiancé Mike.

PATH - State College: With the warm weather and the Alternative Education Program (AEP) staff and students off for the summer there is less traffic at the center, so the Day Treatment (DT) youth were looking



-Clients at the State College Arts Festival-

forward to "sprucing up" the State College Center. With the help of the staff they reorganized furniture, decorated, and even painted **Clinical Supervisor, Tori William's** office. The youth were very helpful at the **State College Arts Festival**, where they helped clean up afterwards. They worked hard, took pride in their work, and were happy to receive t-shirts for helping. The youth also helped to make **Black MoShannon Lake** more appealing to the public eye by working hard at picking up trash and things around the park and beach areas. For doing such a great job they got to enjoy a picnic and some "nature time" as a reward. The group worked hard at all of their tasks and did a GREAT job! They are very proud of their work and so are we!

*When the world says, "Give up,"
Hope whispers, "Try it one more time."*

~~Author Unknown~~



PATH - Williamsport:

-Clients at the Appalachian Horse Rescue-

The youth at the Williamsport Center have been volunteering weekly at the **Appalachian Horse Rescue** in Linden, PA. They feed, water, muck out stalls, groom, and walk the horses along with maintaining the appearance of the barn and stables. The youth are enjoying their time there and are starting to create relationships with the horses. The ongoing graffiti removal and handyman projects are still going on and seem successfully strong. Everyone at the center would like to congratulate **Teacher, Julie Waldman** on the new addition to her family. Mom and baby girl are doing great! **Community Service Coordinator, Nancy Shires** received her certification through the **Red Cross** to be an instructor of CPR, First Aide, and AED. Great job Nancy!



-Graffiti Removal Project

July Anniversaries

PATH would like to thank the following for their commitment to PATH and celebrate the year(s) they have shared with us.

Deb Nelson, D&A Counselor, Williamsport, (11 Years), – July 10th, 2000
Marisa Anderson-Riolo, Clinical Supervisor, Lehighton, (6 Years), – July 26th, 2005
Courtney Lange, Caseworker, South Montrose, (3 Years), – July 25th, 2008
Deanna Anderson, Caseworker, Milton, (1 Year), – July 6th, 2010
Gwen Rosato, Clinical Supervisor, Williamsport, (1 Year), – July 13th, 2010

August Anniversaries

Steve Gaito, Eastern Regional Director, (15 Years) – August 26th, 1996
Yvonne Clay, Day Treatment Supervisor, East Stroudsburg, (12 Years) – August 16th, 1999
Gail Pearson, Teacher's Aide, Scranton, (10 Years) – August 30th, 2001
Tara Gillick, Caseworker, Scranton, (9 Years) – August 19th, 2002
Doreen Armitage, Teacher, South Montrose, (8 Years) – August 18th, 2003
Renee Dunbar, Secretary, Lehighton, (8 Years) – August 18th, 2003
Walt Geiski, Program Manager, South Montrose, (5 Years) – August 14th, 2006
Katherine Drick, Teacher, Williamsport, (4 Years), – August 16th, 2007
Michael Herrick, Support Staff, Middleburg, (3 Years), – August 25th, 2008
Diane Levan, Secretary, Bloomsburg, (2 Years), – August 24th, 2009
Bryant Grant, Teacher's Aide, East Stroudsburg, (1 Year) – August 23rd, 2010
Shane Decker, Teacher, South Montrose, (1 Year), – August 23rd, 2010
Tony Irvine, Resident Treatment Supervisor, Middleburg, (1 Year), – August 23rd, 2010
Travis Fenstermacher, Outreach Coordinator, Williamsport, (1 Year), – August 23rd, 2010
Chelsea Haberstroh, Teacher's Aide, Lehighton, (1 Year), – August 25th, 2010
Scott Harrison, Teacher's Aide, East Stroudsburg, (1 Year), – August 25th, 2010

Employee of the Month



Clinical Supervisor, Victoria Williams is an exceptional employee, and has "stepped up" in accepting her role as Clinical Supervisor. She supports the staff, always has a positive attitude, and is wonderful with the clients. Tori has been able to work on things that got "overlooked" during the transition of Program Mangers, and adjusts quickly to change. Thank you for all that you do to make a difference!

The following staff were also nominated for Employee of the Month for July:

- **Linda O'Hagan**, Dean of Students, Honesdale

Happy Birthday!

Dwight Evans, East Stroudsburg, August 3rd

Denise Scott, Williamsport, August 8th

Kristin Haas, Williamsport, August 16th

Shawn Redanauer, Bloomsburg, August 24th

Kristen Rambo, Bloomsburg, August 25th

Diane Levan, Bloomsburg, August 31st



"Free the child's potential, and you will transform them into the world."

~~Italian Physician and Educator, Maria Montessori, August 31, 1870~~

Join the PATH Family

PA Treatment & Healing is looking for committed professionals to join our family to make a difference in the lives of the youth we serve. Please check for up to date job postings at www.pathtochange.org. Please contact Heather Bickhart at 570-649-6855 for more details.

Current Openings

Teacher – **Lehighton & Williamsport**
 Community Monitor – **State College, Bloomsburg & Williamsport**
 D&A Counselor – **State College**

Upcoming Training Events

- August 31st, 2011** – Mandated Reporter Training – PA Family Services Alliance (Corporate)
September 7th, 2011– Clinical Supervisors/D&A Meeting – M. Barrows and E. Frey (Corporate)
September 14th, 2011 – Normative Systems – S. Constantini and S. Gaito (Corporate)
September 21st, 2011 – Manager's Meeting – Jerilyn A. Keen (Corporate)
September 28th, 2011 – Relationship-Based CBT Training – Jerilyn A. Keen (Corporate)

**Some of the PATH trainings are available to the public & other professionals. If interested in attending one of these trainings, please contact Heather at 570-649-6855 to find out more.*



Donations



PATH would like to take time to thank all the generous individuals and businesses that have given to our centers and to the children we serve. These are the people that make up the foundation that makes our agency strong and allow us to continue to serve the children and the communities in which they live. Thank you from the PATH family and the children we serve. PA Treatment & Healing is a 501 (c) 3 non profit entity and all donations are tax deductible. A donation letter will be generated for you, after the donation has been made, for your tax preparer.

July 2011 Donations

Ned Lynch

13 Hours of IT Technical Support

John A. Maros, President,
MBC Solutions
 HP Computer

C&D Plumbing and Drain Cleaning
 Free of Charge Service Inspection

St. Vincent De Paul Society
 Thrift Shop Voucher

Russo Construction
 Time and Services

Wal-Mart Voucher

CiCi's Pizza
 4 Free Buffet Vouchers

Robyn Martini,
CMP HealthChoices
 2 Desks
 3 Filing Cabinets

Pete Guyer,
Bucknell University
 45 Tablet Arm Desks



Donations Wish List



PATH appreciates the support from the generous individuals and agencies that donate to our schools and programs. As we continue to offer the best possible treatment for the youth in our program, we require certain items and equipment that help the treatment continue and improves the experience for the youth. The following is a wish list for items that our centers could use to enhance and improve the experience for the youth in their centers.

Computers & Computer Equipment (All Centers)

Updated Books & Curriculum (All AEP Classrooms)

Camping Equipment (Be Challenged Program)

Gift Cards (All Centers)

Event Tickets For Field Trips (All Programs)

Men's Clothes (Halfway House)

Monetary Donations (All Centers)

Food Storage Items & Pots & Pans (All Centers)

Contact Jamie Peterson at 570-649-6855 or jamie@pathtochange.org for details on where to make your donation



*5972 Susquehanna Trail
Turbotville, PA 17772
Return Service Requested*

Mental Health Director - Dr. Fred Maue
Medical Director - Dr. Vikas Passi

Psychological Consultants:

*Nulton Diagnostic and Treatment Center
Pocono Center for Psychological Services
Karen Livingood
Dr. Kenneth Kindya*

*Dr. Jennifer Hixson
Dr. Hugh Smith & Associates
Dr. Elizabeth Ciaravino*

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